

Statistically the risk of needing Short-Term Care increases with age

- Among those turning 65, 52% will need Long-Term Care for at least one year before they die.
- For those 65 and older, 20% will need some form of Long-Term Care 2-3 times for shorter durations before they die.
- According to an article written for Georgetown University Long-Term Care Financing Project, nearly 43% of those who need long-term care are between the ages of 18 and 64. At younger ages, chronic illnesses and accidents are the primary causes leading to the need for long-term care.

Source: <https://aspe.hhs.gov/topics/long-term-services-supports-long-term-care>

According to the **Department of Health and Human Services**, about **70%** of individuals over age 65 will require at least some type of long-term care or services during their lifetime.